



## Partners



*For comprehensive prenatal, pediatric, and general healthcare services:*

Lehigh Valley Health Network  
(610) 402-CARE

St. Luke's Health Network  
1-866-STLukes

*For early education services:*

Community Services for Children  
(610) 437-6000

*For support with developmental concerns:*

Lehigh County Early Intervention  
(610) 782-3125

**HOURS OF OPERATION**  
M-F Hours 9.00 AM - 5:00 PM

## CONTACT US

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Program Coordinator  
927 W. Hamilton St.  
(Inside Change on Hamilton)  
Allentown, PA 18101  
(610) 977-1930  
clichtenwalner@lvintake.org



**Lehigh County  
Human Services:  
(610) 782-3200**



Funded by Lehigh County  
Drug and Alcohol &  
Lehigh County Children  
and Youth Services



**Journeys is your  
partner on your  
family's path to  
health and recovery.**





## What is Journeys?



Journeys is a free, voluntary program focused on helping you build a healthy family. Your Coordinator serves as a hub, linking you to healthcare, substance use treatment, assistance programs, education, needed baby items, and more.

The most important member of your team is you! The compassionate staff will meet with your family and listen to your concerns. Together you'll come up with a plan that uses your strengths, meets your needs, and offers support and encouragement every step of the way.

Your team strives to make things easy for you and ensure you feel supported. We'll be right beside you helping you build a strong, healthy family.

## How can I get help?

If you are pregnant or a caregiver of a child under 18 and taking prescribed medications, substances, or alcohol, help is available. Contact Journeys directly, call Lehigh County Human Services, or speak to your healthcare provider to join the program.

## Who will be on my team?

Your Journeys team is unique to you and can include County social service providers, medical care services, Early Intervention, substance use treatment providers, and Certified Recovery Specialists (CRS).



## Our two service tracks.

### Track 1 – Plan of Safe Care:

Substance use impacted pre-natal women and women with children under 12 months.



### Track 2:

Any substance use impacted caregiver with a child of any age.